



How to deal with jumping up

Puppies initially jump up because they want to lick our faces as a greeting behaviour. They also jump up to get our attention.

If the puppy is petted, looked at, talked to, it has been rewarded for this behaviour and will therefore do it again!

If you do not want your puppy, who may grow into a rather large adult dog, to jump up, you need to do 3 things.

STEP 1: Prevent your pup from being rewarded for jumping up.

- Crate or place your pup behind a stair gate whenever you have company round and are unable to 'train'
- Place a long line on your pup to prevent them from jumping on strangers when out for a walk

STEP 2: Train your pup to do an alternative behaviour that will get them what they want. i.e sitting will get attention

- Tether your dog to a non movable object
- Move away from your pup, then begin to approach your pup.
- If your pup is trying to get towards you and leaping about, stand still
- Once your dog is calm, move forwards
- If at any point your pup starts to jump up and lunge forwards, stand still or even take a step back
- When you are close enough to be able to reach out to deliver a treat and stroke but he is still unable to reach you if he were to jump, stand still and wait for him to sit.
- As soon as a sit occurs 'click' and reward with food and attention
- If he starts to jump up at this point simply step back and wait for the sit again. As soon as the sit occurs, click and move in to reward.
- Repeat until your pup starts to sit the moment you begin your approach.

All members of the house hold should do this exercise.

Enlist friends to help but ensure you supervise well You could train the sound of the doorbell to mean go to a place where they are tethered and rewarded and then start the exercise

Try to get rid of food from hands quickly by keeping food in pockets or on a high surface near the dog.

If your pup jumps on you when you get home from being out and he is 'free' there are a couple of things you can do to ensure that jumping up does not get rewarded

- Have a toy ready to throw as you open the door and then have a great game. As he gets more and more use to sitting to get attention, you could wait or ask for a sit before throwing or playing tuggy with the toy
- Toss a handful of food on the floor as you come in the door

Visitors could also do these exercises if instructed.

If you can see your pup about to jump up at any point in between managing and training, ask them to sit before they take off and ensure you get out of range if they continue to jump. What you don't want is jump followed by sit.

When out and about, anyone who looks interested in stroking your dog should be instructed by you only to give attention when bottom is on the floor. Again, set this scenario up to start with so that you and your pup can be successful many times before moving on to total strangers. Do the same exercise as above where the dog was tethered

STEP 3: Ensure the alternative behaviour is rewarded generously and consistently. If your pup sits and is ignored and then jumps up and is rewarded it will only make him more likely to jump in future.

Remember consistency is the key. NO ONE must reward your pup for jumping up! Sitting gets attention, jumping up means attention goes away